Translated from the French by Mary Louise Hendee

PIE I

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omprehended in a dozen words.

L'kewise, to sum up the necessities of mest men, a few coneise fines would answer. Their regime is in general of supreme simplicity, and so long as they follow it, all is well with them, as with every obedient child of Mother Nature. Let them depart from it, complications arise, health fails, gayety vanishes. Only simple and natural living can keep a body in full vigor. Instead of remembering this basic principle, we fall into the strangest aberations.

What material things does a man need to live under the best conditions? A healthful diet, simple clothing, a sanitary dwelling-place, air and exercise. I am not going to enter into hygienic details, compose menus, or discuss model tenements and dress reform. My ann is to point out a direction and tell what advantage would come to each of us from ordering his life in a spirit of simplicity. To know that this spirit does not rule in our society we the sun. The more you give them, the need but watch the lives of men of all more they demand. He is senseless who classes. Ask different people, of very seeks for happiness in material prosunlike surroundings, this question: What do you need to live? You will see how they respond. Nothing is more instructive. For some aboriginals of the Parisian asphalt, there is no life possible outside a region bounded by certain boulevards. There one finds the respirable air, the illuminating light, nermal heat, classic cookery, and, in moderation, so many other things without which it would not be worth the while to promenade this round ball. On the various rungs of the bourgeois

oftenest understood the outward customs of life, the style of house dress, dress, table—an education precisely skindeep. Upward from a certain income, fee, or salary, life becomes possible; the table and the rich, are too many people who forget that what they possess could serve a better purpose than procuring pleasure for themselves, only to find fee, or salary, life becomes possible; below that it is impossible. We have seen men commit suicide because their means had fallen under a certain mini-They preferred to disappear rather than retrench. Observe that this

sans, day-laborers, peasants; in short, the masses, who live dense and serried like the thick, sturdy growths on the summits of the mountains, where the like is a distant colony, leaving his wife and children in the mother country. I don't know how the poor man can feel off there; but his family has a finer apartlarger vegetation can no longer and ment, more beautiful toilettes, and neurishment. In all these different re- what passes for an equipage. At pres should be different properties of the particular region they was prompted in the particular region they are perfectly contends of our own choosing, missing the particular region they will be used to this law, and the particular region they are perfectly contends of our own choosing, missing the properties of the particular region they are perfectly contends of the properties of the particular region they are perfectly contends of the properties of the proper gions of society men live, and no mat-ter in which particular region they soon they will be used to this luxury misery wring complaints. I am considering now that multitude of people who

under conditions at least supportable. Whence comes their heart-burning? Why is it found not only among been thrown away on these artificial those of modest though sufficient ones! The reign of wants is by no means, but also under shades of ever-increasing refinement, all along the as-more things a man desires for himcending scale, even to opulence and the self, the less he can do for his neigh-summits of social place? They talk of the contented middle classes. Who talk by ties of blood. of them? People who, judging from without, think that as soon as one begins to enjoy ease he ought to be satisfied. But the middle classes themselves-do they consider themselves satisfied? Not the least in the world. If there are people at once rich and content, be assured that they are content because they know how to be so, not because they are rich. An animal is setisfied when it has eaten; it lies down and sleeps. A man also can lie down and sleep for a time, but it never lasts. When he becomes accustomed to this contentment, he tires of it and demands Man's appetite is not appeased by food; it increases with eating. This may seem absurd, but it is strictly true.

And the fact that those who make the most outcry are almost always those who should find the best reasons for contentment, proves unquestionably her of our needs and the zeal we put into their cultivation. It is for everyone's interest to let this truth sink

recorded, as I heard them, some of the truths that resound in every square. Has drunkenness, inventive as it is of new drinks, found the means of

your needs rule you, pamper them—you will see them multiply like insects in perity alone. As well undertake to fill the cask of the Danaides. To those who have millions, millions are wanting; to those who have thousands, thousands. Others lack a twenty-france piece or a hundred sous. When they have a chicken in the pot, they ask for a goose; when they have the goose, they wish it were a turkey, and so on. We shall never learn how fatal this tendency is There are to much pepper in our soup to make it palatable. Our arms are filled with a multitude of embarrassments, any one of which would be embarrassments, any one of which would be embarrassments, any one of which would be embarrassments, they will night the standard of ing; to those who have thousands, thouon. We shall never learn how we meet are hurried, worried, preoccu fatal this tendency is. There are too many humble people to wish to imitate the great, too many poor workinghat is necessary to live? by figures classes, too many shop girls who pay varying with the degree of their ambiat being ladies, too many clerks who act the club man or sportsman; and these in easy circumstances and in the end that one never has enough.
Our needs, in place of the servants
that they should be, have become a turbulent and seditious crowd, a legion

of tyrants in miniature. A man en-slaved to his needs may best be com-

twice the indemnity of the war of 1870. How many Jegitimate needs could have been satisfied with that which has

might be added, of which not the least is the disturbance of the public wel-fare. When society has too great needs, it is absorbed with the present sacrifices to it the conquests of the past, immolates to it the future. Aft-

whole, it seems rather depressing, and quenching thirst? Not at all. It might I fear that my opinion is not altogether rather be called the art of making personal. As I observe the lives of thirst inextinguishable. Frank liber my contemporaries, and listen to their tineage, does it deaden the sting of the talk. I find myself unhappily confirmed senses? No: it envenoms it, converts in the opinion that they do not get natural desire into a morbid obsession much pleasure out of things. And and makes it the dominant passion. Let certainly it is not from lack of trying; but it must be acknowledged that success is meagre. Where can

the fault be?

Some accuse politics or business; others social problems or militarism. We meet only an embarrassment of choice when we start to unstring the chaplet of our carking cares. Suppose we set out in pursuit of pleasure itics; others are disheartened by the meanness and jealousy they have enountered in the world of literature or Commercial competition troubles the sleep of not a few. The crowded curricula of study and the exigencies of their opening careers, spoil life for young men. The working classes sufter the consequences of a ceaseless in dustrial struggle. It is becoming disigreeable to govern, because authority is diminishing; to teach, because respect is vanishing. Wherever one turns there is matter for discontent. And yet history shows us certain

ness. So many of us—even, alas! the younger men—are at variance with life; and I do not speak of philosophers enly. How do you think a man man be amused while he has his doubts whether after all life is worth living? Besides this, one observes a disqueting depression of vital force, which must be attributed to the abuse man makes of his sensations. Excess of all kinds the proportions that has reached in the last twenty years. The sums swallowed up in this gulf are fabulous—twice the indefinity of the war of 1870. How many Jegitimate needs could have been satisfied with that which has been satisfied with that which has

by ties of blood.

An excellent proof of my proposition, and one very easily encountered, lies in the fact that wherever life is simple and safe, true pleasure accompanies it as fragrance loes uncultivated flowers, where the fact that wherever life is simple and safe, true pleasure accompanies it as fragrance loes uncultivated flowers. Be this life hard, hampered, devided in the result of the reign of needs. A multitude of other unfortunate things as the very conditions of pleasure, the seldom thought of with reference to rare and delicate plant, joy, flourishes their pleasures, there. It springs up between the flags of the pavement, on an arid wall, in the fissure of a rock. We ask curselves how it comes, and whence: but it lives; likewise it is supposed that a nurse is while in the soft warmth of conserva-

SIMPLE PLEASURES.

O you find life amusing in these days? For my part, on the let it is contagious: it stirs your that my opinion is not altogether. In spite of yourself you are that my opinion is not altogether.

SIMPLE PLEASURES.

Lot turn them aside from their mission by making them laugh occasionally—by making them laugh occasionally—beart and by making them laugh occasionally—beart and spies on the contrary, you will give them strength to go on the better with their work.

HAVE spoken too fully elsewhere of systematizing amusements for heart. In spite of yourself you are ready to cry: "Bravo, my children. That is fine!" You want to join in. In the other case, you see villagers disguised as city folk, countrywomen made hideous by the modiste, and, as the chief ornament of the festival, a lot of degenerates who bawl the songs of music halls; and sometimes in the place of honor, a group of tenth-rate barnstormers imported for the occasion, to civilize these rustics and give them a taste of refined pleasures. For drinks, liquors mixed with brandy or absinthe; in the whole thing neither drinks, liquors mixed with brandy or absinthe; in the whole thing neither originality nor picturesqueness. Liot that abandon which ingenuous joy brings in its train.

THIS question of pleasure is capital. Staid people generally neglect it as a frivolity; utilitarians, as a costly superfluity. Those whom we designate as pleasure-seekers forage in this delicate domain like wild boars in a gar-den. No one seems to doubt the immense human interest attached to joy. It is a sacred flame that must be fed, and that throws a splendid radiance over life. He who takes pains to foster it, accomplishes a work as profitable for humanity as he who builds bridges, pierces tunnels, or cultivates the ground. So to order one's life as to keep, amid toils and suffering, the faculty of happiness, and be able to propagate it in sort of solutions.

sort of salutary contagion among one fellowmen, is to do a work of fraterni

the rich upper middle class, with its own standards and life. In other regions we find men of ample, moderate, or small means, and very unlike exigencies. Then come the people—artipeles. Then come the people artipeles. Then come the people artipeles. The come the people artipeles the people artipeles. The come the people artipeles the artipeles to start the the theart, now must a stifferer feel, consoled in this fashion?

To divert our neighbor, make him the heart, now must a stifferer feel, consoled in this fashion?

To divert our neighbor, make him the heart, now must a stifferer feel, consoled in this fashion?

To divert our neighbor, make him the heart, now must a stifferer feel, consoled in this fashion?

To divert our neighbor, make him the heart, now m

whoever possesses it is amused at slight cost. This faculty is destroyed by skepticism, artificial living, over-abuse; it is fostered by confidence, moderation and normal habits of thought and action and normal habits of thought and action to make the world better?

er us the deluge! To raze the forests in order to get gold: to squander the patrimony in youth, destroying in a day the fruit of long years; to warm to the fields richly fertilized you cultivate it at a golden cost to see it fade and die in your hand. day the fruit of long years: to warm your house by burning your furniture; to burden the future with debts for the sake of present pleasure; to live by expedients and sew for the moreow trouble, sickness, ruin, envy and hate—the enumeration of all the misdeeds of this fatal regime has no end.

On the other hand, if we hold to simple needs we avoid all these evils and replace them by measureless good.

I dee and die in your hand.

Ask doct rs what audience is happiest at the play; they will tell you the popular one. The reason is not hard to grasp. To these people the pay is an exception, they are not bored by it from over-indulgence. And, too, to them it is a rest from rude toil. The pleasure they enjoy they have honestly earned, and they know its cost as they know that of each sou earned by the shade, like the northern slopes of mountains, and that it is so of necessive. fade and die in your hand.

Ask doct is what audience is hapthat the people given up to the more and replace them by measureless good. That temperance and sobriety are the best guardians of health is an old story. They spare him who observes them many a miscry that saddens extended the wires pulled. To them it is all rear and so they feel pleasure in the shade, like the northern slopes of mountains, and that it is so of necessity. Whence the conclusion that sections are the wires pulled. To them it is all rear and that to offer it to them would be in all rear and so they feel pleasure in the shade, like the northern slopes of mountains, and that it is so of necessity.

he world.
And so extend your sympathy to shall reply, first, that one may suggest ideas, indicate directions, offer opporthose whose work quite absorbs them, tunities for amusement, without makwho are, so to put it, tied down. The ing any regulations whatever. In the whose work quite absorps them, who are, so to put it, tied down. The world is full of men and women sacrificed to others, who never have either rest or pleasure, and to whom the least relaxation, the slightest respite is a priceless good. And this minimum of comfort could be so easily found for them if only we thought of it. But the broom, you know, is made for sweeping, and it seems as though it could rot be fatigued. Let us rid ourselves of this criminal blindness which preevents us from seeing the exhaustion of those who are always in the breach.

Relieve the sentinels perishing at their posts, give Sisyphus an hour to their posts, give Sisyphus an hour to pleasure. Among young people of to-breathe; take for a moment the place day, particularly the self-respecting, of the mother, a slave to the cares of the dearth of amusements causes real

HEN we buy a bird of the fancier, the good man tells us briefly what is necessary for our new pensioner, and the whole thing-laysine, food, and the rest possible to probable out into the street, and our daughters, moping in dismal solitude. Let us nuitiply anniversaries, family parties, and excursions. Let us raise good of systematizing amusements for humor in our homes to the height of an institution. Let the schools, too, do their part. Let masters and studentsschoolboys and college boys-meet to-gether oftener for amusement. It will be so much the better for serious work. There is no such aid to understanding one's professor as to have laughed in his company; and conversely, to be well understood a pupil must be met else-where than in class or examination.

And who will furnish the money? What a question! That is exactly the error. Pleasure and money: people take them for the two wings of the same bird! A gross filusion! Pleasure.

*See "Youth," the chapter on "Joy."

DISHONESTY

allow than retremed. Observe that tiles alread to his needs may beet be compared to a bear with a ring in his countered to a bear with a ring in the work of the part with the ring of the serious and the result of the part with a ring in his countered to a bear with a ring in his developed to a ring of the part with the ring point of the part with a ring in his developed to a ring of the part with the part with a ring in his developed to a ring of the part with the part with a ring in his developed to a ring of the part with the part with a ring in his developed to a ring of the part with the part with a ring in his developed to the ring in his developed to a ring of the part with a ring in his developed to a ri

tions of frugality and time savings bank.

* * *
Something is lacking fundamentally, or so many boys and men would have a higher ideal of honor. The homely distich, It is a sin

To steal a pin, should be early implanted. Straws show which way the wind blows. I heard the other day a lad in a railway car boasting to some comrades how eleverly he had

(Charate (Kon.) Cor. Kansas City

No one who has ever had to do with boys in a business house has failed to observe how different are their standards and their practice. Some are exceedingly scrupulous; they perform every duty with exactness, remembering that their time is paid for; they are punctually in their places when the day begins; they go briskly on errands, and whatever they do is done well. Others are chronic laggards, without the faintest idea of either honesty or honor.

We take a great deal apout the tremensor one interest to let this truth sind deep into his mind. If it does not by decisive action succeed in limiting his needs, he risks a decivity of desire.

He who lives to eat drink sleep, dress take his walk—in short, barnel and the can—be it the courtier basking in the sun, the drunking in the sun the drunking in the sun flat that he can—be it the courtier basking in the sun, the drunking in the sun, the drunking in the sun, the drunking in the sun is a diad just of independence and safety. The more laborer, the commoner serving his belig, the woman absorbed in her told the sun and the descence of sun in the sun that it is so of necessity. Whence the conclusion that same lease of them dry, whence the conclusion that same lease of them dry, whence the conclusion that same lease of them dry, whence the conclusion that same lease. The person was decisively whence the conclusion that same lease of a first that the sun of necessary that the sun string pole is the salls say that the sun of the sun time and that it is so of necessity. Whence the conclusion that same lease sity. Whence the conclusion that same lease with the actions people have no need of bleasure, but to offer it to them would come along and the sail read. And so they feel pleasure that to offer it is all read. And so they feel pleasure that to offer it to offer it to offer it is all read. And it was not necessary to offer every to offer it i

Driller, Promoter and Witch Give and go out into the territory to be developed and put it on the ground. If there is oil there the instrument will show it at once. You cannot fail if you Charate (Kon.) Cor. Kansas City have the proper kind of an instrument. The trouble with these people is that they are not sufficiently posted in And how do you locate an oil well in wild country?" was asked a driller, a promoter and the "witch." Each answered after his profession and his kind, and each believes himself infallible. It is comparatively easy in well developed territory with producing wells an all sides to pitch the site.

A green grocer is one who trusts dead The demagogue crop is never a failure

The demagogue crop is never a failure in this country.

Man's mission in life is to pay for the things woman wants.

Silk-lined gowns interest a woman more than silver-lined clouds.

The man who goes to law may be sure that his lawyer will get justice.

It is better to take a reef in the sails than to sail the boat on a reef.

You never know what you can do until you try to undo something you have done.

Did it ever occur to you that summer girls and peaches disappear simultane-ously?